

Mental Health Matters.

2020/2021 Basic Mental Health Benefit Summary:

In-network Office Visit*

Basic: \$40 copay

HRA: 80% covered after plan deductible

In-network Plus: \$40 copay

*Includes a duly licensed psychologist and a member of the clinical staff of a community mental health center, who is licensed and who has a master's degree in psychology, nursing or social work for purpose of outpatient treatment at a community health center of Mental or Nervous Disorders.

Out-of-network Office Visit*

Basic: 50% covered after plan deductible

HRA: 50% covered after plan deductible

In-network Plus: no coverage

*Includes a duly licensed psychologist and a member of the clinical staff of a community mental health center, who is licensed and who has a master's degree in psychology, nursing or social work for purpose of outpatient treatment at a community health center of Mental or Nervous Disorders.

In-network Hospital Stay**

Basic: 80% covered after plan deductible

HRA: 80% covered after plan deductible

In-network Plus: \$500 copay

**Adhere to prior authorization rules.

Out-of-network Hospital Stay**

Basic: 50% covered after plan deductible

HRA: 50% covered after plan deductible

In-network Plus: no coverage

**Adhere to prior authorization rules.



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Psychology

Ali Kaplan, PHD, LP

9469 Dogwood Estates Dr
Germantown , TN 38139
(865) 246-2104

Alison Bigelow, PHD, LP

36 Bazeberry Rd
Cordova , TN 38018
(800) 257-5715

Lindsay E Pate, PHD, LP

1380 Wolf River Blvd
Collierville , TN 38017
(901) 729-3900

Jane B Clement, PHD, LP

2010 Exeter Rd
Germantown , TN 38138
(901) 489-7524

Sheena Rose, PHD, LP

1922 Exeter Rd
Germantown , TN 38138
(901) 759-0984

Amy Murrell, PSYD, LP

8558 Ericson Cv
Cordova , TN 38018
(662) 510-6507

Garry S DelConte, PSYD,

LP

2262 S Germantown Rd
Germantown , TN 38138
(901) 753-4300

Earle G Donelson, PHD, LP

2263 S Germantown Rd
Germantown , TN 38138
(901) 729-3900

Lindsay E Pate, PHD, LP

2363 S Germantown Rd
Germantown , TN 38138
(901) 729-3900

Joseph Angelillo, PHD, LP

7516 Enterprise Ave
Germantown , TN 38138

(901) 755-5802

Group Practice

Germantown Psychological
Associates Pc

Alicia L Autry, PHD, LP

7516 Enterprise Ave
Germantown , TN 38138
(901) 755-5802

Group Practice

Germantown Psychological
Associates Pc

Brian D Bruijn, PHD, LP

7516 Enterprise Ave
Germantown , TN 38138
(901) 755-5802

Group Practice

Germantown Psychological
Associates Pc

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Source of Information and Frequency of Validation

Medical health care professional information addressing specialty, hospital affiliations, medical group affiliations, board certification, acceptance of new patients and languages spoken is obtained from an application that is completed and signed by the health care professional/facility (during credentialing). Physician board certification is validated through the American Board of Medical Specialties (ABMS), American Medical Association (AMA) or American Osteopathic Association (AOA). Information on the application is updated when the medical health care professional/facility notifies Cigna of changes or at least every three years.

Dental health care professional information addressing specialty, dental office/practice affiliations, acceptance of new patients and languages spoken is obtained from an application that is completed and signed by the health care professional (during credentialing). Information on the application is updated when the dental health care professional notifies Cigna of changes or at least every three years.

Cigna Care Designation (CCD)

Distinguishes network physicians who practice in one of the 21 specialties reviewed and who meet certain quality and cost-efficiency measures. Learn more about the Cigna Care Designation at <http://www.cigna.com/assets/docs/hcpdirectory/cigna-care-designation.pdf>

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Germantown , TN 38138
(901) 755-5802

Russell D Crouse, PHD, LP

7516 Enterprise Ave
Germantown , TN 38138
(901) 755-5802

Group Practice
Germantown Psychological
Associates Pc

Group Practice
Germantown Psychological
Associates Pc

**Richard Luscomb, PHD,
LP**

7516 Enterprise Ave
Germantown , TN 38138
(901) 755-5802

Roy Greenberg, PHD, LP

7516 Enterprise Ave
Germantown , TN 38138
(901) 755-5802

Group Practice
Germantown Psychological
Associates Pc

Group Practice
Germantown Psychological
Associates Pc

**Randolph G Potts, PHD,
LP**

2198 Judicial Dr
Germantown , TN 38138
(901) 682-6136

**Brittany A Kinman, PHD,
LP**

7516 Enterprise Ave

Counseling

**Pamela T Crudup-Arata,
MSCC, LPC-MH**

8570 Cordes Cir
Germantown , TN 38139
(901) 466-8773

**Lavonice C Williams, MA,
LPC**

8570 Cordes Cir
Germantown , TN 38139
(901) 483-3660

**Patricia Friedman, MS,
LPC**

8566 Cordes Cir
Germantown , TN 38139

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(901) 755-8111

Languages Spoken by Provider

French

Jenna Kaufman, MC, LPC

8566 Cordes Cir
Germantown , TN 38139
(901) 755-8111

Barbara A Harris, MA, LPC

1380 Wolf River Blvd
Collierville , TN 38017
(901) 729-3900

Teresa Gayle Kelly, MS, LPCMH

2022 Exeter Rd
Germantown , TN 38138
(901) 626-7111

Dora B Montague, MS, LPC

2014 Exeter Rd
Germantown , TN 38138
(901) 592-7095

Jelisa Anderson, MC, LPC

3085 Fountainside Dr
Germantown , TN 38138
(901) 930-7397

Nancy E Tarrant, MS, LPCMH

1380 Wolf River Blvd
Collierville , TN 38017
(901) 729-3900

Gregory M Williams, MS, LPCMH

2022 Exeter Rd
Germantown , TN 38138
(901) 604-1776

Darin L Dantzler, MS, LPC

2010 Exeter Rd
Germantown , TN 38138
(901) 458-4000

Timothy D Cripps, MS, BCBA

1778 Penshurst Dr
Collierville , TN 38017
(901) 233-1218

Darin L Dantzler, MS, LPC

8295 Tournament Dr
Memphis , TN 38125
(901) 282-9738

Stephanie M Maddox, MA, LPC

2014 Exeter Rd
Germantown , TN 38138
(901) 458-4000

Stephanie M Maddox, MA, LPC

2014 Exeter Rd
Germantown , TN 38138
(901) 458-4000

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**Brooklyn Henson, MA,
BCBA**

8500 Walnut Grove Rd
Cordova , TN 38018
(901) 448-6580

Rachel C Joyner, MS, LBA

8500 Walnut Grove Rd
Cordova , TN 38018
(901) 448-6580

**Rachel M Lauletta, MS,
LBA**

8500 Walnut Grove Rd
Cordova , TN 38018
(901) 921-9571

Takiiah Parker, MS, LBA

8500 Walnut Grove Rd
Cordova , TN 38018
(901) 584-8281

**Summer Sanderson, MS,
LBA**

8500 Walnut Grove Rd
Cordova , TN 38018
(901) 584-8281

**Hillary Thornton, MS, LBA,
BCBA**

8500 Walnut Grove Rd
Cordova , TN 38018
(901) 448-6580

**Jaime Tolleth, MS, LBA,
BCBA**

8500 Walnut Grove Rd
Cordova , TN 38018
(901) 584-8281

Christina Burns, MED, LPC

2298 S Germantown Rd
Germantown , TN 38138
(901) 496-4447

Barbara A Harris, MA, LPC

2363 S Germantown Rd
Germantown , TN 38138
(901) 729-3900

Rodney G Spencer, MA,

LPC

2363 S Germantown Rd
Germantown , TN 38138
(901) 729-3900

**Languages Spoken by
Provider**

English

**Nancy E Tarrant, MS,
LPCMH**

2363 S Germantown Rd
Germantown , TN 38138
(901) 729-3900

**Rodney G Spencer, MA,
LPC**

2363 S Germantown Rd
Germantown , TN 38138
(901) 729-3900

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Languages Spoken by Provider English	Andrea Davis, MC, LPC 2198 Judicial Dr Germantown , TN 38138 (901) 682-6136	Germantown , TN 38138 (901) 682-6136	Counseling
Lauren Bean, MS, LPC 2198 Judicial Dr Germantown , TN 38138 (901) 682-6136	Group Practice Mid-South Professional Counseling	Group Practice Mid-South Professional Counseling	Christy M Murphy, MC, LMFT 2198 Judicial Dr Germantown , TN 38138 (901) 682-6136
Group Practice Mid-South Professional Counseling	Debra B Fitzgerald, MS, LPC-MH 2198 Judicial Dr Germantown , TN 38138 (901) 682-6136	Lee Mauney, MA, LPC 2198 Judicial Dr Germantown , TN 38138 (901) 682-6136	Group Practice Mid-South Professional Counseling
Savannah Burton, MS, LPC 2198 Judicial Dr Germantown , TN 38138 (901) 682-6136	Group Practice Mid-South Professional Counseling	Group Practice Mid-South Professional Counseling	Randall W Phillips, PHD, LMFT 2198 Judicial Dr Germantown , TN 38138 (901) 682-6136
Group Practice Mid-South Professional Counseling	Christopher Hastings, MA, SPE 2198 Judicial Dr	Kim McCaskill, MS, LPC 2198 Judicial Dr Germantown , TN 38138 (901) 682-6136	Group Practice Mid-South Professional Counseling
		Group Practice Mid-South Professional	

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Kim McCaskill, MS, LPC

2198 Judicial Dr
Germantown , TN 38138
(901) 682-6136

Group Practice

Mid-South Professional
Counseling

Kristi Poindexter, MC, LPC

2198 Judicial Dr
Germantown , TN 38138
(901) 682-6136

Group Practice

Mid-South Professional
Counseling

Julia Rhea, MS, LPC

2198 Judicial Dr
Germantown , TN 38138
(901) 682-6136

Group Practice

Mid-South Professional
Counseling

Patience Ruffin, EDD, LPC

2198 Judicial Dr
Germantown , TN 38138
(901) 682-6136

Group Practice

Mid-South Professional
Counseling

**Alexandria Sheucraft,
MSED, LPC**

2198 Judicial Dr
Germantown , TN 38138
(901) 682-6136

Group Practice

Mid-South Professional
Counseling

**Emily St Amant, MA,
LPCMH**

2198 Judicial Dr
Germantown , TN 38138
(901) 682-6136

Group Practice

Mid-South Professional
Counseling

Talia Trigg, MS, LPC

2198 Judicial Dr
Germantown , TN 38138
(901) 682-6136

Group Practice

Mid-South Professional
Counseling

**Amy L Bohannon, MS,
BCBA**

7563 Neshoba Rd
Germantown , TN 38138
(651) 341-1858

Erin Collins, MS, BCBA

7563 Neshoba Rd
Germantown , TN 38138
(651) 341-1858

**Deborah McNamee, MA,
BCBA**

7563 Neshoba Rd
Germantown , TN 38138
(651) 341-1858

**Amy L Bohannon, MS,
BCBA**

7563 Neshoba Rd

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Germantown , TN 38138
(651) 341-1858

Cordova , TN 38018
(901) 896-8547

(901) 440-8580

Social Work

Catherine M Null, MS, LPC-MH

2305 McVay Rd
Germantown , TN 38138
(901) 300-0463

Jill B Depriest, MS, LPC-MH

284 German Oak Dr
Cordova , TN 38018
(901) 305-3167

Valerie McKinney, MS, LPC

52 Timber Creek Dr
Cordova , TN 38018
(662) 536-6210

Labrenda Thomas, MSW, LCSW

8570 Cordes Cir
Germantown , TN 38139
(901) 730-6580

Norman Dewaine Rice, EDD, LPC

2305 McVay Rd
Germantown , TN 38138
(901) 758-6523

Natasha H Houston-Harris, MS, LPC

1747 Chadwick Farms Loop S
Collierville , TN 38017
(901) 270-7361

Mary Alexander, MSSW, LCSW

8566 Cordes Cir
Germantown , TN 38139
(901) 300-2930

Shannon E Aldridge-Smith, MS, LPC

284 German Oak Dr

Mary C King, MC, LPC

52 Timber Creek Dr
Cordova , TN 38018

Jessica L Shea, MS, LCSW

3085 Fountainside Dr
Germantown , TN 38138
(901) 930-7397

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<p>Richelle A Direny, MA, LISW Virtual Counseling Only Memphis , TN 38125 (800) 892-2695</p>	<p>36 Bazeberry Rd Cordova , TN 38018 (901) 758-0036</p>	<p>2014 Exeter Rd Germantown , TN 38138 (901) 219-7668</p>	<p>2010 Exeter Rd Germantown , TN 38138 (901) 486-2475</p>
<p>Group Practice Bright Heart Health, Inc</p>	<p>Mary T Carter, MSW, LCSW 1380 Wolf River Blvd Collierville , TN 38017 (901) 729-3900</p>	<p>Austin E Jones, MSW, LCSW 2014 Exeter Rd Germantown , TN 38138 (901) 355-9783</p>	<p>Carolyn W Tipton, MSSW, LCSW 2010 Exeter Rd Germantown , TN 38138 (901) 674-7500</p>
<p>Jodi Dumler, MA, LISW, LMSW Virtual Counseling Only Memphis , TN 38125 (800) 892-2695</p>	<p>Michelle Renee Robinson, MSSW, LCSW 8295 Tournament Dr Memphis , TN 38125 (901) 496-7458</p>	<p>Rebecca F Weinman-Crouch, MSSW, LCSW 2014 Exeter Rd Germantown , TN 38138 (901) 292-7675</p>	<p>Katheryn McLendon, MSSW, LCSW 2262 S Germantown Rd Germantown , TN 38138 (901) 753-4300</p>
<p>Group Practice Bright Heart Health, Inc</p>	<p>Pennie S Heath, MSSW, LCSW</p>	<p>Melissa Bosserman, MSW, LCSW</p>	<p>Kim D McDaniel, MSSW, LCSW</p>

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2010 Exeter Rd
Germantown , TN 38138
(901) 486-2475

**Julie H Ferguson, MSW,
LCSW**

7516 Enterprise Ave
Germantown , TN 38138
(901) 755-5802

Group Practice

Germantown Psychological
Associates Pc

**Karen D Sanders, MSSW,
LCSW**

7516 Enterprise Ave
Germantown , TN 38138
(901) 755-5802

Group Practice

Germantown Psychological
Associates Pc

**Carissa Bacon, MSW,
LCSW**

2198 Judicial Dr
Germantown , TN 38138
(901) 682-6136

Group Practice

Mid-South Professional
Counseling

Olivia Ellis, MSW, LCSW

2198 Judicial Dr
Germantown , TN 38138
(901) 682-6136

Group Practice

Mid-South Professional
Counseling

**Valerie L Shaw, MSW,
LCSW**

2198 Judicial Dr
Germantown , TN 38138
(901) 682-6136

Group Practice

Mid-South Professional
Counseling

**Labrenda Thomas, MSW,
LCSW**

320 S Walnut Bend Rd
Cordova , TN 38018
(501) 837-4526

**Malissa Duckworth,
MSSW, LCSW**

284 German Oak Dr
Cordova , TN 38018
(901) 268-2562

**Lakenya Humphrey, MSW,
LCSW**

284 German Oak Dr
Cordova , TN 38018
(901) 457-5685

**Tywanda L Williams, MSW,
LCSW**

269 Germantown Bend Cv
Cordova , TN 38018
(901) 881-4844

**Trina M Middleton, MSW,
LCSW**

58 Timber Creek Dr
Cordova , TN 38018
(901) 566-1002

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Cigna offers a tiered benefit design option available to customers where they are afforded a lower copayment or coinsurance level for covered services provided by Tier 1 providers than if they select a participating non-Tier 1 provider. Tier 1 providers are listed on the directory with the "Cigna Care Network – Tier 1 Provider" designation.

Additional questions or problems with this transmission? Call us toll-free at 1-800-Cigna24 (1-800-244-6224).



Find out more about the doctors and services listed in the Cigna directory and read important notices and disclosures for your state, https://hcpdirectory.cigna.com/assets/docs/hcpdirectory/disclaimer.html?WT.mc_id=PDF_DIR_Disclaimer&WT.z_dir_cc=HDC001

Behavioral Nurse

Martha Hayes-Hudspeth, MSW, LCSW

52 Timber Creek Dr
Cordova , TN 38018
(901) 440-8580

Mary J Allen, MSN, APN

36 Bazeberry Rd
Cordova , TN 38018
(901) 758-0036

58 Timber Creek Dr
Cordova , TN 38018
(901) 566-1002

Languages Spoken by Provider

Filipino

Victoria Carroll, MSN, APN, APRN

58 Timber Creek Dr
Cordova , TN 38018
(901) 566-1002

Amanda Woodall, DNP, APN

Provider information was last updated on 06/24/2020

Information contained in this directory is updated six days per week, excluding holidays, Sundays, or interruptions due to system maintenance, upgrades or unplanned outages. This information is subject to change at any time. Providers may delay communicating to Cigna that they no longer accept new patients so we cannot guarantee that each provider is still accepting new patients. Please check with the health care professional before scheduling your appointment or receiving services or call Cigna Customer Service at the toll-free number on your Cigna ID card to confirm he or she is participating in Cigna's network.

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